Rapid, energetic metathesis routes to crystalline metastable phases of zirconium and hafnium dioxide

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Rapid, exothermic metathesis (exchange) reactions between $ZrCl_4$ and Na_2O result in crystalline ZrO_2 in seconds. Thermal analysis and in situ reaction temperature measurements show that the reaction initiates near the sublimation point of $ZrCl_4$, rapidly reaches temperatures above 1350 °C, and generates a molten NaCl flux for a few seconds. Powder X-ray diffraction demonstrates that the product is a mixture of room-temperature monoclinic and high-temperature cubic ZrO₂ phases. The addition of cubic phase stabilizers such as Ca, Y, or Ce oxides or their chlorides to the reaction results in an increase in cubic phase formation up to nearly 70%. These partially stabilized products can withstand annealing to 1300° C, unlike the unstabilized product, which reverts to the thermodynamic room-temperature monoclinic form on heating to 900° C. The analogous reaction between HfCl₄ and Na₂O results in crystalline HfO₂. The addition of CaO to this reaction also enhances cubic phase formation.

Introduction

Refractory transition-metal oxides are an industrially important class of ceramic materials.¹ One such ceramic is zirconia, $ZrO₂$, which is hard, possesses a high melting point (2710 °C), and is resistant to chemical attack by strong acids.² Zirconia is also stable in oxidizing environments, allows oxygen diffusion through its bulk, 3 exhibits good thermal conductivity, and is electrically insulating. These properties enable zirconia to be used as an abrasive, as a hard resistant coating for cutting tools, in oxygen electrodes and sensors, and in hightemperature engine components.^{1,4} One problem associated with high-temperature structural uses is that zirconia experiences a detrimental volume decrease at 1205 \degree C associated with a martensitic phase transformation from the room-temperature monoclinic structure $(m-ZrO₂)$ to the higher temperature tetragonal form $(t-ZrO₂)²$. This transformation results in a volume change of approximately 5% and can cause cracking and failure in ceramic parts. At even higher temperatures a cubic phase (c-ZrO₂) exists that is stable from 2380 °C to its melting point at 2710° C. Since the cubic and tetragonal forms of $ZrO₂$ are structurally very similar and both are related to the fluorite unit cell, this high-temperature phase change presents less of a problem.

Traditionally $ZrO₂$ has been synthesized from the hightemperature decomposition of zirconium compounds such as nitrates, carbonates, or silicates.^{1,2,5} In recent years lowtemperature synthetic methods have been developed including aqueous reactions where amorphous zirconium oxide hydrates are precipitated from basic solutions of dissolved zirconium salts such as $ZrCl_4$, $ZrO(NO_3)_2$, 6 or $ZrOCl_2$.⁷ These amorphous colloidal precipitates must then be sintered at high temperatures to produce crystalline $ZrO₂$. The hydrolysis of zirconium alkoxides (sol–gel) has also been successful in preparing zirconia powders and gels.⁸ In solution reactions, initial calcination often results in the crystallization of metastable tetragonal or cubic structures. Experimental conditions (e.g., pH, precipitation rate, and precursors) appear to affect the stability of these higher temperature phases with conversion to

the room-temperature monoclinic phase occurring from 350 to 700° C.^{6a,7a,9,10} Various studies suggest that t-ZrO₂ formed from precipitation reactions remains stable on heating until the particles reach a critical size (ca. 30 nm) and surface free energy favors the transformation to m- ZrO_2 .^{7*a*,11}

Combustion reactions can be used to produce metal oxides using reactive precursors based on citrate–nitrate gels¹² and other organic fuels.¹³ Metathesis (exchange) reactions between solid precursors have also successfully produced metal oxides in moderate temperature reactions ($\lt 600^{\circ}$ C) along with alkali metal phosphate¹⁴ or halide¹⁵ byproducts. The above routes have advantages over precipitation routes in that they are performed in the solid-state, do not require any outside source of oxygen (e.g. H_2O or O_2), and generally result in crystalline products.

Recently, rapid solid-state metathesis (SSM) reactions using metal halides have proven to be quite successful in the chemical synthesis of a wide variety of crystalline refractory materials including borides, 16 nitrides, 17 boron nitride, 18 and oxides.¹⁹ Upon initiation, these reactions reach high temperatures $(>1000 \degree C)$ in a fraction of a second and cool very quickly $(< 5 s).²⁰$ The rapid nature of these reactions allows for only brief nucleation and growth, resulting in small crystallites and occasionally the formation of metastable phases. For example, the reaction between $ZrCl_4$ and Na_3P produces the hightemperature cubic phase of ZrP, which is the first phase to nucleate and is rapidly quenched to room temperature.²

There has been extensive research on the stabilization of high-temperature cubic $ZrO₂$ to room temperature by addition of small amounts (ca. 5–20 at%) of a cubic oxide.² Even though t-ZrO₂ and c-ZrO₂ cannot be quenched to room temperature,² high-temperature solid-state reactions, solution precipitations, or sol–gel reactions forming ZrO_2 with CaO,²³ Y₂O₃,²⁴ or $CeO₂²⁵$ additions have all been successful in stabilizing these high-temperature phases to room temperature. In these cases, the products are either a mixture of the cubic or tetragonal phase and the monoclinic phase [partially stabilized zirconia (PSZ)] or single-phase stabilized $ZrO₂$. The concentration of the added oxide determines the amount and phase of the stabilized structure.^{23b,24b} The HfO₂ phase diagram and

structural transitions are very similar to those of $ZrO₂$ and its high-temperature structures also can be stabilized through the formation of solid-solutions with other metal oxides.²⁶ The tetragonal phase transition for HfO₂ (1670 °C) is higher than ZrO2, however, making it more difficult to obtain unstabilized high-temperature phases of $HfO₂$.²⁷

The following study describes the successful use of rapid SSM reactions in the synthesis of crystalline cubic $ZrO₂$. This metastable phase thermally converts to the room-temperature monoclinic phase on heating above $900\,^{\circ}$ C. The addition of stabilizing agents to the $ZrO₂$ reaction mixture in the form of metal oxides or metal chlorides increases the amount and stability of the high-temperature cubic phase. SSM reactions are also shown to produce metastable cubic $HfO₂$.

Experimental

Metathesis reactions

The starting materials were used as received and obtained as follows: Na₂O (Aldrich, 99.7%), Na₂O₂ (Alfa Aesar, 98%), $ZrCl_4$ (Aldrich, 99.5%) and HfCl₄ (Alfa Aesar, 98+%, <3% Zr), CaCl₂ (Aldrich, tech. grade), CeCl₃ (Aldrich, 99.9%), YCl₃ (Aldrich, 99.99%), CaO (Alfa Aesar, 99.95%), CeO₂ (Alfa Aesar, 99.9%), and Y_2O_3 (Alfa Aesar, 99.9%).

The reactant mixtures typically consisted of 1.0 g (4.3 mmol) of $ZrCl₄$ and 0.532 g (8.6 mmol) of Na₂O. Na₂O₂ was also examined as an alternative oxygen source. In all cases, the amounts of reactants were salt-balanced such that there was no excess sodium or chloride. The precursors were ground together with a mortar and pestle in a helium-filled glovebox (Vacuum Atmospheres MO-40) and transferred to a stainless steel reaction vessel modeled after a bomb calorimeter. Reaction ignition was accomplished by a short $(< 2 s)$ local initiation from a heated nichrome filament in an argon-filled glovebag. All products were washed with ethanol, followed by 2 M HCl to dissolve any unreacted starting materials and the byproduct salt, and finally rinsed with water and dried. Overall chemical yields were about 50%. In phase stabilization reactions the metal oxides or halides were added to produce a Zr : M molar ratio of 10:1 (9 at%). These additives were ground together with the $ZrCl₄–2Na₂O$ mixture and the metal halides were salt balanced with an additional amount of Na₂O. Note that the acid wash will dissolve away any unreacted CaO or Y_2O_3 , but CeO₂ is only sparingly soluble in acids. WARNING: Solid-state metathesis reactions are often very exothermic and may be initiated on grinding reagents together or by addition of a small amount of solvent. Care should be taken to perform reactions of this type on a small scale using precautions afforded to similarly energetic reactions.

Product characterization

Differential scanning calorimetry (DSC-TA Instruments 2910) was performed on a small amount (~ 10 mg) of the ZrCl₄– $2Na₂O$ mixture. The sample was sealed in an aluminium pan and heated at 10° C min⁻¹ in flowing argon. High-temperature differential thermal analysis (DTA-TA Instruments 1600 or Seiko TG/DTA 6300) was run on 15–20 mg samples heated in air at 20 °C min⁻¹ in the range of 400–1450 °C. In situ reaction temperature measurements were performed in a modified reactor equipped with a 0.1 mm chromel–alumel thermocouple. The thermocouple voltage changes were recorded (ca. 40 ms intervals) with a computer-interfaced Hewlett-Packard 34401A multimeter and converted to temperatures using HP Benchlink software. Scanning electron microscopy (SEM: Hitachi S4000 field emission system) and energy dispersive spectroscopy (EDS: EDAX Kevex Quantum system) provided morphological and semi-quantitative compositional information (ZAF method).

The phase and crystallinity of the products were analyzed by powder X-ray diffraction (XRD) using a Siemens D5000 system. A crystalline silicon standard and 0.05 degree increments were used for lattice parameter calculations and crystallite size measurements. Lattice parameters were determined using least squares refinement. The Scherrer and Warren equations²⁸ were used to calculate average crystallite sizes. High angle XRD was performed in 0.02 degree increments and 10 second count times and the background was smoothed using the Siemens Diffrac-plus EVA program. The simulated patterns were generated using PowderCell 2.3 (www.bam.de/ a_v/v_1/powder/e_cell.html). For phase composition purposes the important diagnostic XRD peaks are the $(11\bar{1})_m$ and $(111)_m$ monoclinic reflections at 28.5 and 31.5°, respectively, and the (111) _{c/t} cubic or tetragonal peak at 30.2°. Since the tetragonal phase has lattice parameters that are only slightly distorted from a cubic structure ($cla = 1.02$), the c-ZrO₂ and t-ZrO₂ peaks overlap at low angles, thus the peak at 30.2° will be referred to as c/t-ZrO₂. The volume fraction of the c/t-ZrO₂ phase ($f_{c/t}$) is approximated using the following relation:²⁹

$$
f_{c/t} = \frac{I(111)_{c/t}}{I(111)_{m} + I(11\bar{1})_{m} + I(111)_{c/t}}
$$
(1)

where intensity (I) corresponds to the XRD peak area. The volume percent $P_{\text{c/t}}$ is $100 \times f_{\text{c/t}}$. Note that some authors report $f_{\rm c/t}$ calculations using only one monoclinic reflection in the denominator of eqn. 1, which would result in larger $f_{\rm c/t}$ values.

Results and discussion

The reaction of $ZrCl_4$ with either Na₂O or Na₂O₂ proceeds in a rapid and exothermic manner following initiation with a hot filament (eqn. 2).

$$
ZrCl_4 + 2Na_2O_x \rightarrow ZrO_2 + 4NaCl + (x-1)O_2 \qquad x = 1,2
$$
 (2)

The DSC data from the $ZrCl_4-2Na_2O$ reactant mixture shows a small, broad exothermic rise beginning above 100° C and continuing until a large exothermic event occurs at 300° C (reaction initiation), which coincides with the sublimation of ZrCl₄ ($T_{sub} \approx 320$ °C). This is consistent with other SSM systems where the reaction between precursors becomes rapidly selfpropagating near the point where one of the precursors undergoes a phase change, *i.e.* melts, sublimes, or decomposes.³

A representative in situ temperature measurement of the reaction between $ZrCl₄$ and Na₂O is shown in Fig. 1. The reaction rapidly reaches its maximum temperature of 1354° C within 0.5 s after initiation. Heat dissipation to the steel reactor causes the reaction to solidify within five seconds as it cools below the melting point of the NaCl byproduct (801 \degree C). The small isotherm around 800° C in Fig. 1 is due to NaCl

Fig. 1 In situ temperature measurements of the reaction between $ZrCl_4$ (4.3 mmol) , $2\text{Na}_2\text{O}$ (8.6 mmol) and 0.1CaO (0.43 mmol) . The reaction is initiated by a heated filament at $t=0$ s.

Fig. 2 Scanning electron micrographs of products from the rapid SSM reactions between $ZrCl_4+2Na_2O$ after ethanol workup (a) and after further washing with 2 M HCl (b, c).

solidification. Some of the NaCl is found condensed as beads on cooler regions of the reactor.

A scanning electron micrograph (SEM) of ethanol washed $ZrO₂$ from the Na₂O reaction shows a smooth, glassy morphology characteristic of a quickly quenched molten salt (Fig. 2a). The water washed product consists of a distribution of smooth, irregularly shaped particles generally less than 500 nm in diameter (Fig. 2b). The dense aligned structures suggest that this SSM reaction proceeds with some directional component. For example, solid-state combustion reactions are often modeled by an oscillating propagation wave front.³¹ The pores between elongated features may have contained salt that was washed away. On higher magnification some small diameter (ca. 50 nm) rod-like structures are occasionally observed (Fig. 2c). These may be actual crystallites since their diameter is similar to the crystallite size measurements (Table 1).

Powder X-ray diffraction (XRD) data on the acid washed $ZrO₂$ product demonstrates that it is a crystalline mixture of the thermodynamic room-temperature monoclinic phase $(m-ZrO₂)$ and the high-temperature cubic and/or tetragonal $(c/t-ZrO₂)$ forms (Fig. 3a). The XRD data for the Na₂O₂ reaction is qualitatively similar to the Na₂O results, however less c/t - $ZrO₂$ is produced. The XRD crystallite sizes are near 30 nm and lattice parameters agree well with literature values (see Table 1). These $ZrO₂$ mixtures completely convert to the

Fig. 3 Powder X-ray diffraction patterns of acid washed products from rapid SSM reaction between $ZrCl_4+2Na_2O$ as-synthesized (a), annealed at 900 °C for 1 day producing pure m- $ZrO₂$ (b), with 4.5 at% Y_2O_3 added to the reactants (c), with 9 at% CaO added to the reactants (d), and with 9 at% CaCl₂ (balanced with Na₂O) added to the reactants (e). The c-ZrO₂ peaks in (a) are indicated by (hkl) values.

Table 1 Structural and compositional data for $ZrO₂$ and $HfO₂$ products

Sample ^{a}	Stabilizing additive	Cubic lattice parameter ^b $a/\text{\AA}$	Cubic crystallite size ^c /nm	Monoclinic crystallite size ^c /nm	$Zr(Hf)$: M atomic ratio by EDS	$P_{c/t}$ /vol $\%$
$ZrO2$ from $Na2O2$	n/a	5.104(3)	27	27	n/a	29
$Ca-ZrO2$	CaO	5.113(2)	42	34	96:4	71
$Y-ZrO2$	Y_2O_3	5.116(2)	33	36	$94:6^d$	62
$Ce-ZrO2$	CeO ₂	5.137(3)	26	33	91:9	65
$CaCl-ZrO2$	CaCl ₂	5.116(1)	47	30	94:6	61
$YCl-ZrO2$	YCl ₃	5.116(2)	25	32	$94:6^d$	65
$CeCl-ZrO2$	CeCl ₃	5.134(4)	24	39	87:13	47
HfO ₂	n/a	5.086(7)	41	42	n/a	Q
$Ca-HfO2$	CaO	5.100(1)	32	32	95:5	43

"Na₂O was the oxygen source in all reactions unless otherwise noted. "All monoclinic ZrO₂ second phases were within the range: $a = 5.14(1)$ Å, $b=5.21(3)$ Å, $c=5.31(1)$ Å, $\beta=99.1(2)^\circ$, which is comparable to literature values.^{2,9c} ccalculated using (111[†])_m, (111[†])_m, and (111[†])_{c/t} XRD peaks. Determined using cubic lattice parameter and ref. 24 \bar{b} , due to Zr and Y peak overlap.

monoclinic structure upon annealing in air at $900\,^{\circ}\text{C}$ for one day (Fig. 3b). Differential thermal analysis of the mixed phase product shows a broad endotherm near $1200\degree C$ corresponding to the monoclinic to tetragonal phase transition $(m \rightarrow t)$ and a clear exotherm at 970 °C on cooling corresponding to the t \rightarrow m phase transition. The resulting product had an XRD pattern corresponding to pure m- ZrO_2 . The 1200 °C endotherm is more prevalent upon reheating the converted material, consistent with the fact that less m- $ZrO₂$ was present in the initial heating run.

Phase stabilization with metal oxides

In an effort to stabilize larger fractions of the high-temperature phase(s) to room temperature, 9 at% of known cubic stabilizing oxides (MO_x) , where $M=Ca$, Y, or Ce) were added to the $ZrCl₄–2Na₂O$ reactant mixture (eqn. 3). The metal oxides examined are CaO, Y_2O_3 , and CeO₂. These stabilizers substitute for Zr^{4+} in the $ZrO₂$ structure and retard the martensitic phase transformation.

$$
ZrCl_4 + 2Na_2O + 0.1MO_x \rightarrow
$$

1.1 $Zr_{0.91}M_{0.09}O_{1.82 + 0.09x} + 4NaCl$ (3)

The metal oxide stabilized products will be referred to as

Ca– ZrO_2 , Y– ZrO_2 , and Ce– ZrO_2 , respectively. The XRD results show a significant increase in the percentage of the cubic/tetragonal phase (60–70%) relative to the unstabilized product (see Fig. 3c,d and Table 1). Experiments using twice the amount of CaO $(Zr: Ca$ ratio of 5:1) showed no further stabilization of the c/t - $ZrO₂$ phase. Energy dispersive spectroscopy (EDS) shows the presence of substantial amounts of the metal additive in all acid-washed products. Due to peak overlap, the Y–ZrO₂ composition was determined using its cubic lattice parameter, which is known to vary linearly with yttrium subsitution.^{24b} Since a small amount of $CeO₂$ is observed in the XRD of the cerium stabilized product, its composition is an upper limit. The stabilized products show no loss in the c/t-ZrO₂ fraction after heating to 900 °C and only a slight change at 1300 °C where the $P_\mathrm{c/t}$ drops from 71% to 58% and 62% to 49% for the Ca–ZrO₂ and Y–ZrO₂ materials, respectively. The $P_{c/t}$ decrease suggests that some of the cubic phase consists of unstabilized ZrO_2 , however DTA experiments up to 1450° C on Ca–ZrO₂, Y–ZrO₂, and Ce–ZrO₂ showed no thermal transitions, consistent with significant retardation in monoclinic phase conversion.

SEM images show that these stabilized metathesis products consist of smooth, spherical, agglomerated particles (Fig. 4).

Fig. 4 Scanning electron micrographs of the ZrO₂ products stabilized using CaO (a, b), Y_2O_3 (c, d), CeCl₃ (e), and CaCl₂ (f).

While XRD results suggest that crystalline domains are comparable for all metal substituted zirconias, the $Ca-ZrO₂$ (Fig. 4a,b) has much larger particles compared to $Y-ZrO₂$ (Fig. 4c,d), roughly 300 nm versus 100 nm, respectively. In all cases elongated, aligned growth structures are observed in the product, similar to those in Fig. 2b.

Phase stabilization with metal chlorides

Previous SSM studies found that intimate mixtures of metal halides can produce solid-solution products.³² To test this possibility for cubic $ZrO₂$, small quantities of a stoichiometric amount of CaCl₂, YCl₃, or CeCl₃ balanced with Na₂O were added to the $ZrCl₄–Na₂O$ reaction (eqn. 4). The zirconium metal ratio $(10:1)$ was the same as for the metal oxide additions above.

$$
ZrCl_4 + (2 + 0.05y)Na_2O + 0.1MCl_y \rightarrow
$$

1.1 $Zr_{0.91}M_{0.09}O_{1.82 + 0.045y} + (4 + 0.1y)NaCl$ (4)

Note that the cerium chloride oxidation state $(3+)$ is lower than in the previous case for cerium oxide $(4+)$. The reaction products will be referred to as CaCl–ZrO₂, YCl–ZrO₂, and $CeCl-ZrO₂$. In each of these reactions the percentage of the c/t -ZrO₂ phase was increased relative to unstabilized ZrO₂ (see Fig. 3e and Table 1). The particle morphologies observed in these systems are similar to those noted above, including indications of long-range features that may be remnants of the SSM propagation wave (Fig. 4e,f). The origin of these ordered structures is under investigation.

Cubic versus tetragonal stabilization

Since the transformation of the unit cell from the cubic to tetragonal structure involves only a slight elongation along the c axis (cubic phase: $a=5.11 \text{ Å}$; tetragonal phase $a=5.09 \text{ Å}$, $c=5.18$ Å), it is necessary to examine high-angle X-ray lines to distinguish between the cubic and tetragonal phases. The cubic (004) reflection occurs at 74° and is distinct from the tetragonal (004) and (400) reflections at 73° and 74.5° , respectively. Fig. 5 shows the XRD results at high angles $(70-80^{\circ})$ for stabilized (Fig. 5b) and unstabilized $ZrO₂$ (Fig. 5d). Simulated patterns for the cubic, tetragonal, and monoclinic phases are included for comparison (Figs. 5a,c,e). The most intense peaks for $m-ZrO₂$ are present in both spectra to varying degrees; however, they do not interfere with the region of interest. The c- ZrO_2 (004) peak is prominent in *both* the stabilized and unstabilized $ZrO₂$, indicating that c - $ZrO₂$ is formed at temperatures well below its thermodynamic transition temperature $(2380 \degree C)$.

Fig. 5 High angle X-ray diffraction data for a simulated c- $ZrO₂$ pattern (a), the Ca–ZrO₂ SSM product (b), a simulated t-ZrO₂ pattern (c), the unstabilized $ZrO₂$ SSM product (d), and a simulated m- $ZrO₂$ pattern (e).

Hafnia phase stabilization

Hafnium and zirconium have similar sizes and properties and this carries over to their respective oxide phases as well. Rapid SSM reactions between HfCl₄ and Na₂O with or without the addition of 9 at% CaO (Ca–HfO₂) result in mixed phase products analogous to the zirconia reactions. However, hightemperature cubic/tetragonal phase stabilization is considerably less than for the comparable $ZrO₂$ reaction; for example, the unstabilized HfO₂ reaction contains less than 10% of the c/t -HfO₂ phase. SEM analysis shows that HfO₂ and Ca–HfO₂ each consist of smooth, spherical particles with sizes near 150 nm and 300 nm, respectively.

Reaction propagation and product growth

Since the MCl₄ ($M=Zr$, Hf) reagent is much more volatile (sub. \lt 350 °C) than the added metal oxides (bp > 2400 °C) or metal chlorides (bp > 720 °C), the stabilized products have the potential to be enriched in the metal additive relative to eqns. (3) and (4). However, a competing effect is that solidsolution stability is usually limited and other metal rich phases may form; for example, $CaZrO₃$ is observed in the ethanol washed $Ca-ZrO₂$ and $CaCl-ZrO₂$ products. In addition, since $Na₂O$ is involatile it will remain in the reaction zone, thus forming detectable amounts of $Na₂ZrO₃$ by XRD. Both of these alkali/alkaline earth phases are readily removed during the acid wash.

These metal oxide SSM reactions are easily initiated and reach high temperatures because of the large exothermic heat of reaction; for example, eqn. (2) has a ΔH_{rxn} of $-925 \text{ kJ} \text{ mol}^{-1}$ when $Na₂O$ is used. Rapid SSM reactions are considered as adiabatic processes and thus standard enthalpy values have been used to calculate theoretical maximum reaction temperatures $(T_{\text{max}})^{16,20,31,33}$ Using this adiabatic assumption, the $ZrO₂ \Delta H_{rxn}$ ideally provides enough energy to raise $ZrO₂$ and the NaCl byproduct to a T_{max} of 1413 °C, the boiling point of NaCl. The experimental in situ temperature measurements closely approach this theoretical adiabatic limit (see Fig. 1). The addition of excess NaCl as an inert heat sink to the $ZrO₂$ SSM reaction, resulting in a $1:10 ZrO₂$: NaCl ratio, causes the $P_{\rm c/t}$ to drop to less than 19%. The theoretical adiabatic $T_{\rm max}$ for this SSM reaction with the NaCl additive is calculated to be only 1006 °C. This suggests that the metathesis reaction between $ZrCl₄$ and $Na₂O$ nucleates a cubic phase if the reaction reaches temperatures near the monoclinic–tetragonal phase transition (1205 °C) and is rapidly quenched to room temperature. This is in contrast to previous SSM studies on ZrP where salt additions did not affect the amount of the hightemperature cubic phase.²¹ The lower $P_{c/t}$ values for HfO₂ reactions, in general, may reflect the fact that the theoretical T_{max} (still 1413 °C) is well below the equilibrium phase transition temperature (1670 \degree C).

Conclusions

Solid-state metathesis (SSM) reactions are a useful alternative to conventional high-temperature synthetic methods. They are solvent-free, often exothermic, and once initiated rapidly reach high temperatures and produce crystalline materials in seconds. The only byproducts are alkali salts that are easily washed away. Recently the rapid quenching ability of this SSM route was demonstrated to produce metastable high-temperature phases. This article describes an example of metastable $ZrO₂$ phase formation using a rapid SSM route. The exothermic metathesis reaction between solid $ZrCl₄$ and Na₂O initiates near the sublimation point of the metal halide, reaches temperatures approaching $1400\degree\text{C}$ in a fraction of a second, and quickly cools to room temperature. The washed product is a crystalline mixture of cubic and monoclinic $ZrO₂$ phases. The high-temperature cubic $ZrO₂$ phase may initially nucleate in the hot molten salt and is then quenched before it transforms to the stable monoclinic phase. The addition of cubic stabilizing additives to the $ZrO₂$ reaction produces larger amounts (up to 70 vol%) of the cubic phase and increases its high-temperature stability. Analogous reactions can be used to produce metastable cubic $HfO₂$ in either unstabilized or stabilized form. The rapid synthesis/quenching aspects of the SSM method may provide access to complex mixed metal oxides that phase separate under conventional high-temperature reaction conditions. The extension of this method to other metastable binary and mixed metal compounds is under investigation.

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